



# St. Theresa's Catholic School Newsletter - 9th May, 2019



*"To live, learn and love with Jesus, being the best we can be."*

## Principal's Note

Hello, Kia Ora, Talofa lava, Namaste, Mabuhay, Ciao, Kia Orana, Ahalan, Konnichiwa, Ni hao, Selam, Xin chao, Bonjour, Bula, Dzień/Dobry, Shalom, Dia duit, Mauri, Halo, Bom dia, Giddyay

*Mai i te Kopae ki te Urupa, tatou huge range of opportunities ako tonu ai - From the cradle to the grave, we are forever learning.*

Welcome to our newsletter for Week 2. As we come to the end of another very busy week and look forward to Term 2 being full of exciting, engaging opportunities, we are reminded that the weather is getting cooler and the days shorter and a new variety of bugs are in the air. The right balance of sleep, exercise and good food is essential for us all to stay healthy over these coming winter months and these are aspects of Wellbeing that teachers focus on with the students. Often as adults we need to be reminded that this means us too - so look after yourselves as well.

This week we have held our 3-way interviews and it has been great to see such a good turnout from you all. We aim for 100% connection as these are valuable opportunities to hear about the progress being made, ask any questions that you might have and set goals going forward. We also understand that sometimes 'life happens' and you can't get in for a variety of reasons, so please email your class teacher to arrange a catch up conversation. The booking system has stayed open throughout so there may still be slots available for today if you haven't already booked.

A huge thank you to the many helpers we had turn out on Sunday for our Working Bee. This was well organised by Jen Jermy and Laurie Smith - two of our current Board members. We managed to get a massive amount of work done in 2 hours and it was a definite example of 'many hands making light work'. The extrinsic motivator of a beer and pizza afterwards was a great way to finish off a lovely afternoon. It was also very cool to see a few ex-students turn out to help and great that they still view themselves as part of our School.

As part of our Civil Defence procedures and in line with our Health and Safety Policy, we held our termly earthquake drill last Thursday. The children are very good at knowing what the procedures are, what each bell means and following instructions so as to ensure a quick and calm response to an emergency. This time we held the drill towards the end of the day and explained to the children the importance of staying with the class/school group even when their parents have arrived. Thank you to the adults who had already arrived and were therefore involved in the drill. It helped us to demonstrate our expectations.



Donna McDonald - Principal

**KO TE WHAEA  
TE TAKERE  
O TE WAKA.**  
Mothers are like the hull of a canoe,  
they are the HEART of the family.

*Wishing all the Mothers and  
Mother figures in our lives,  
a very happy Mothers' Day.*



Mother Teresa, we ask you to intercede with Jesus, that we too may obtain the grace to be attentive to the cry of the poor, the sick, the outcast and the least of our brothers and sisters.  
- Pope Francis



**PINK SHIRT DAY - Friday, 17th May - PINK MUFTI for a gold coin!**

### BOARD OF TRUSTEES ELECTIONS

Will you put your hand up?!

By now, you should all have received your nomination form. Please remember that if you send in a nomination form, it must be signed IN BOTH PLACES. Nominations close at noon on **Friday, 24th May, 2019**. For more info on trusteeship, please go to the NZSTA website.



### Fourth Sunday of Easter

In today's Gospel, Jesus doesn't just bring us closer to the Father, Jesus puts us directly into contact with God the Father, removing all distance between us. Throughout our life, we hope and pray that we will grow ever closer to God as we learn to follow Jesus more fully.



**PLEASE TAKE NOTE OF THE FOLLOWING:**

**Uniform fittings** 2p.m. 17th May, 7th June, 21st June.  
**Entertainment Books** Order online and select St. T's  
**Book Club Orders** - These need to be in by Monday, 13th May  
**Diary Dates:**  
**Wed., 15th May** Board meeting 6p.m.  
**Fri., 17th May** Pink Shirt Day **AND** Uniform fittings  
**Week starting 27th May** Samoan Language Week  
**Tues., 28th May** Catholic Schools Day  
**Thurs., 30th May** Powhiri and Mass of Welcome starting at 9a.m.  
**AND** Year 3 - 6 Cross Country 11.30 - 12.30  
**Wed., 5th June** Start of our Book Week  
**Fri., 7th June** Book Character Parade

**Sparks of God - Term 2, Week 1**



**Back:** Abby Macintosh, Asha Stewart, Ryder Duncan, Charlie Stewart  
**Front:** Hugo Stewart, Olivia Grace Todd, Lucy Tohill, Izzy Cato, Brianna Huynen



Meet the St. T's **Phoenix** - first ever hockey team! They won their game 3-0 against Rangikura School. **Alfie Croasdale** was the PoD, not only for a fabulous first game of hockey but because he was being a very supportive and inclusive team player. A great start to the season!

**Rush to get our School \$500.00 - Get in now before 30 June expiry!** If you're a parent, staff member or a member of the school community and draw down a new ASB home loan of \$250,000 or more, ASB will donate \$500 to your chosen participating school - which is us!

**Class of the Week - Room 1**

In Room 1 we have been learning about the time. We made our own clocks. We have planned and made amazing Mothers' Day gifts. We are training hard for Cross Country and longer and faster.



**6 STEPS TO STAMP OUT MATH ANXIETY**



**JO BOALER'S ADVICE FOR PARENTS.**

- Encourage children to play maths puzzles and games. Puzzles and games—anything with dice, really—will help kids enjoy maths and develop number sense, which is critically important.
- Always be encouraging and never tell kids they are wrong when they are working on maths problems. Instead, find the logic in their thinking. For example, if your child multiplies 3 by 4 and gets 7, say, "Oh, I see what you are thinking. You are using what you know about addition to add 3 and 4. When we multiply, we have 4 groups of 3..."
- Never associate maths with speed. It is not important to work quickly, and we now know that forcing kids to work quickly on maths is the best way to start maths anxiety for children, especially girls.
- Never share with your children the idea that you were bad at maths at school or you dislike it—especially if you are a mother. Researchers found that as soon as mothers shared that idea with their daughters, their daughters' achievement went down.
- Encourage number sense. What separates high and low achievers is having an idea of the size of numbers and being able to separate and combine numbers flexibly. For example, when solving  $29+56$ , if you take one from the 56 and make it  $30+55$ , it is much easier to work out.
- Perhaps most important of all: Encourage a "growth mindset" to let students know that they have unlimited maths potential and that being good at maths is all about working hard. When they tell you something is hard for them or they have made a mistake, tell them, "That's wonderful—your brain is growing!"